

Breakfast

Served until 3:00 PM

PLATE UNO	\$12.99	CUBAN TOAST	\$4.50
Scrambled eggs with ham, turkey or bacon, potato, toast & 8oz café con leche.		(Cuban bread toasted with special butter. Available also in French bread)	
PLATE DOS	\$10.50	BUILDERS OMELETTE	\$16.50
Scrambled eggs with ham, turkey or bacon, & toast.		4 eggs, ham, turkey & bacon, spinach, swiss cheese & toast.	
PLATE TRES	\$12.50	TURKEY & SPINACH OMELETTE	\$14.50
2 pancakes (plain, banana, blueberry or chocolate chip), scrambled eggs and bacon.		Turkey, spinach, onion & toast	
WRAP PLATE	\$10.50	VEGGIE OMELETTE	\$11.99
Eggs with ham, turkey or bacon. (Whole wheat wrap or Spinach wrap).		Onions, tomato, mushrooms, carrot & toast.	
SANDWICH PLATE	\$11.99	OATMEAL	\$5.50
Eggs with ham, turkey or bacon, tomato and cheese in a French bread.		With cranberries.	
BAGEL PLATE	\$10.50	EMPANADAS	\$4.25
Eggs with ham, turkey or bacon and cheese.		Beef & plantain – chicken – spinach - ham & cheese.	
BAGEL AND CREAM CHEESE	\$7.50		
CROISSANT: PLAIN	\$5.50		
HAM AND CHEESE	\$7.50		

Juices & Smoothies

GREEN MACHINE	\$9.95
Cucumber, celery, green apple, lime, spinach and ginger.	
DETOX	\$9.55
Red apple, beet, celery, and ginger	
RAY OF LIGHT	\$9.55
Red apple, carrot, lime and ginger.	
ORANGE JUICE	\$7.50
FUNKY MONKEY	\$9.50
Coconut water, peanut butter, spinach, banana & lime.	
CORAL WAY	\$7.95
Banana, strawberry & orange juice.	
CARACAS	\$7.95
Mango, banana & orange juice.	
MAUI WOWY	\$7.95
Pineapple, coconut & orange juice.	
HAVANA	\$7.95
Papaya, banana, mango & milk.	
LUNA	\$7.95
Mixed berries, orange juice or milk.	
STELLA	\$7.95
Peanut butter, banana & milk.	
Add Protein	\$2.00

Coffee and Tea

COLADA	\$2.99
CORTADITO	\$3.50
CAFÉ CON LECHE	\$4.50
Almond or Oat milk	(add \$1.00)
Evaporated milk	(add \$1.75)
HOT TEA	\$3.50
HOT CHOCOLATE	\$4.75
ICED COFFEE	\$4.99
ICED LATTE	\$5.99
ICED ALMOND LATTE	\$6.99
ICED OAT MILK LATTE	\$6.99

Sweets

CROISSANT WITH GUAVA & CHEESE	\$6.99
CROISSANT WITH NUTELLA	\$6.99
ALFAJORES	\$2.50

Salads

CAPRESE SALAD	\$12.50
Fresh mozzarella, tomato, basil over mixed greens	
CAESAR SALAD	\$10.99
Romaine lettuce, croutons, parmesan cheese	
MEXICAN SALAD	\$13.99
Romaine lettuce, blackened chicken, shredded cheddar cheese, pico de gallo & chipotle	
GREEK SALAD	\$12.99
Red onions, feta cheese, cucumbers, tomatoes, chickpeas, mixed greens & olives.	

XTRAS:	
CHICKEN	+\$3.50
AVOCADO	+\$3.00

Sandwiches & Wraps

(Choose: French Bread, Whole Wheat Wrap or Spinach Wrap)

TRADITIONAL	\$10.99	B.L.T.	\$9.99
Ham, swiss cheese, romaine, tomato, mayo & honey mustard		Bacon, lettuce, tomato & mayo.	
THE LEAN TURKEY	\$10.99	VEGGIE CHICKEN	\$13.99
Roasted turkey breast, swiss cheese, romaine, dried cranberries, mayo & honey mustard		Veggie chicken patty, tomato, romaine, mayo & mustard	
CHICKEN DELUXE	\$12.99	ROYAL INDIAN WRAP	\$12.99
Grilled chicken breast, bacon, swiss cheese romaine, tomato, mayo & honey mustard		Curry chicken, brown rice, tomato and curry dressing	
CHICKEN PESTO	\$12.99	EL RANCHO WRAP	\$11.99
Pesto chicken breast, tomato & mozzarella		Chicken breast, romaine, tomato & ranch	
THE CLUB	\$11.50	GREEK WRAP	\$11.99
Ham, turkey, bacon, tomato, romaine, mayo & honey mustard		Chicken breast, tzatziki sauce, romaine, onion & tomato	
CUBAN SANDWICH	\$12.99	SPICY SALMON WRAP	\$16.50
Mojo pork, ham, swiss cheese, pickles & mustard (only available in Cuban Bread)		Spicy salmon, rice, romaine, tomato, cilantro, red onions, cheddar cheese and sriracha alioli	
		Add Avocado	+\$3.00

Bowls

BLACKENED CHICKEN BOWL	\$16.99
Blackened chicken, roasted corn, black beans, pico de gallo, avocado, romaine, brown rice and chipotle dressing	
CURRY CHICKEN BOWL	\$14.99
Curry chicken, brown rice, tomato and curry dressing	
SALMON BOWL	\$17.99
Baked salmon, pickled cucumbers, pico de gallo, couscous and Tzatziki	
Add Avocado	+\$3.00

Arepas

REGULAR	\$2.50
HUEVO (scrambled eggs)	\$8.50
REINA PEPIADA (avocado & chicken)	\$9.99
QUESO AMARILLO (cheese)	\$9.50
REINA PEPIADA & QUESO	\$10.99
HUEVO & QUESO	\$10.50

Desserts Coming Soon!